

Reference No. 995 / Dispatch No. 071/72

To all Directorates and Districts

Mail delivery time index according to service classification and relevant destination (Districts, APOs & ADPOs) are as follows:

**Table 1**

## A) Index of mail delivery in Districts, APOs &amp; ADPOs

S.No.	Type of received mail	Arrival time to Districts	Arrival time to APOs and ADPOs
1	Ordinary Letters	Up to 10:00 AM in the morning	Up to 02:00 PM in the afternoon
2	EMS & Registered Letters	Up to 10:00 AM in the morning	Up to 02:00 PM in the afternoon
3	Parcels & Insured Items	Up to 10:00 AM in The morning	Arrival time to APOs and ADPOs

## B) Mail arrival time to Districts on Central Regional Directorates:

S.N.	Offices	EMS & Registered Letters	Parcels & Insured Items	Letters and Ordinary articles	Remarks	E-mail Addresses
1.	Eastern Regional Directorate, Biratnagar	*** City area	*** City area	****	City Area	birathulak123@gmail.com
2.	Taplejung DPO	*** City area	*** City area	****		dpo.taplejung@yahoo.com
3.	Sunsari DPO	*** City area	*** City area	****		dopsunsari@gmail.com
4.	Ilam DPO	*** City area	*** City area	****		ilampostoffice50@gmail.com

5.	Jhapa DPO	**	*** City area	****	City Area	districtpostofficejhapa@gmail.com
6.	Dhankuta DPO	*** City area	*** City area	****		
7.	Solokhumbu DPO	*** City area	*** City area	****		postoffice.solukhumbu@gmail.com
8.	Okahdhunga DPO	*** City area	*** City area	****		okhl.dpo@gmail.com
9.	Khotang DPO	*** City area	*** City area	****		
10.	Saptari DPO	*** City area	*** City area	****		
11.	Sankhuwasabha DPO	*** City area	*** City area	****	City area	
12.	Terathum DPO	*** City area	*** City area	****		dpotehrathum@gmail.com
13.	Pachthar DPO	*** City area	*** City area	****		panchthardpo@gmail.com
14.	Bhojpur DPO	*** City area	*** City area	****		bhojpurhulak01@gmail.com
15.	Udaypur DPO	*** City area	*** City area	****		hulakudayapur@gmail.com
16.	Siraha DPO	*** City area	*** City area	****		
17.	<b>Central Regional Directorate, Kathmandu</b>					midregionalpostoffice@gmail.com
18.	<b>Kathmandu GPO</b>	*	** City area	*** City area	City area	
	Dolakha DPO	*** City area	*** City area	****		dposindhuli121@gmail.com
19.	Ramechhap DPO	*** City area	*** City area	****		ramechhapulak@gmail.com
20.	Sindhuli DPO	*** City area	*** City area	****		dposindhuli121@gmail.com
21.	Dhanusha DPO	**	*** City area	****		<a href="mailto:dhanushapost@gmail.com">dhanushapost@gmail.com</a>
22.	Mahottari DPO	*** City area	*** City area	****		postofficemahottari@gmail.com

23.	Kavre DPO	*	*** City area	****	City area	<a href="mailto:kavredpo@gmail.com">kavredpo@gmail.com</a>
24.	Nuwakot DPO	**	*** City area	****		npobidur@gmail.com
25.	Rasuwa DPO	*** City area	*** City area	****		postoffice45000@gmail.com
26.	Dhading DPO	**	*** City area	****		shresramkrish@gmail.com
27.	Parsa DPO	**	*** City area	****		giri.amit111@gmail.com
28.	Makawanpur DPO	*** City area	*** City area	****		dpo.makwanpoor@gmail.com
29.	Sindhupalchwok DPO	**	*** City area	****		chautarapostoffice@yahoo.com
30.	Bhaktapur DPO	*	*** City area	****	City area	dpobkt@gmail.com
31.	Chitwan DPO	**	*** City area	****		postoffice.chitwan@yahoo.com
32.	Bara DPO	**	*** City area	****		barahulak@gmail.com
33.	Rautahat DPO	*** City area	*** City area	****		rautahatpostoffice@gmail.com
34.	Sarlahi DPO	*** City area	*** City area	****		
35.	Lalitpur DPO	*	*** City area	*** City area	City area	
36.	<b>Western Regional Rirectorate, Pokhara</b>	**	**	****		amogurenap@gmail.com
37.	Gorkha DPO	*** City area	****	****		districtpostofficegorkha112@gmail.com
38.	Lamjung DPO	*** City area	*** City area	****		
39.	Manang DPO	****	****	****		dpomanang@gmail.com
40.	Myagdi DPO	*** City area	****	****		districtpostoffice33200@gmail.com
41.	Mustang DPO	*** City area	****	****		

42.	Nawalparasi DPO	**	*** City area	****		dpost.parasi@gmail.com
43.	Palpa DPO	*** City area	*** City area	****		dpopalpa@gmail.com
44.	Rupandehi DPO	**	**	****		dporup.32900@gmail.com
45.	Gulmi DPO	*** City area	*** City area	****		dpostgulmi@gmail.com
46.	Arghanchi DPO	*** City area	*** City area	****		
47.	Kapilvastu DPO	**	*** City area	****		
48.	Parbat DPO	*** City area	*** City area	****		info.parbatpost@gmail.com
49.	Tanahu DPO	*** City area	*** City area	****		tanahunhulak@gmail.com
50.	Baglung DPO	*** City area	****	****		baglung.dpo@gmail.com
51.	Syangja DPO	*** City area	*** City area	****		syangkapostoffice@gmail.com
52.	<b>Mid Western Regional Directorate, Surkhet</b>	**	*** City area	****		mwrpd@yahoo.com
53.	Banke DPO	**	*** City area	****		gpobanke123@gmail.com
54.	Bardiya DPO	**	*** City area	****		dpobardiya118@gmail.com
55.	Rolpa DPO	*** City area	***	****		dporolpaa@gmail.com
56.	Rukum DPO	*** City area	****	****		postalofficerukum@gmail.com
57.	Pyuthan DPO	*** City area	****	****		dpopyuthan@gmail.com
58.	Dang DPO	*** City area	*** City area	****		dpodang22400@gmail.com
59.	Jajarkot DPO	*** City area	****	****		
60.	Dailekh DPO	*** City area	*** City area	****		dpo.dailekh@yahoo.com
61.	Salyan DPO	***	***	****		dposln11@gmail.com

		City area	City area			
62.	Jumla DPO	*** City area	*** City area	****		mallanirmala@yahoo.com
63.	Dolpa DPO	****	****	****		bistahari2025@gmail.com
64.	Kalikot DPO	****	****	****		dpo.kalikot72@gmail.com
65.	Mugu DPO	****	****	****		
66.	Humla DPO	****	****	****		bisnubudha@gmail.com
67.	<b>Far Western Regional Directorate, Dhangadi</b>	**	*** City area	****		fwrpddipayalpost@gmail.com
68.	Darchula DPO	*** City area	****	****		
69.	Kanchanpur DPO	**	*** City area	****		dopkanchanpur10400@gmail.com
70.	Kailali DPO	***	*** City area	****		dpokailali2071@gmail.com
71.	Bajhang DPO	***	***	****		jihuka.bajhang@gmail.com
72.	Bajura DPO	***	***	****		bajuradpo@gmail.com
73.	Achaam DPO	****	****	****		
74.	Dadeldhura DPO	****	*** City area	****		ddlhulak@gmail.com
75.	Baitadi DPO	****	****	****		baitaididistrictpostoffice@yahoo.com

**Conditions:**

\*Mail delivery on arrival day (Same day delivery).

\*\*Mail delivery for EMS and/or insured items the next day.

\*\*\* Mail items generally distributed within 3-5 working days (Within J+5) standard, Registered and insured items including EMS.

\*\*\*\*Mail to be delivered with convenience of customers and postal employees. It takes J+7++ days. It means it depends on the geography, availability of transportation facilities, weather conditions, and schedules of postal employees including mail runners, mail carriers and recipients.

Signature:

(Director General)